



PCIT-T

NYC - Upper East Side
1160 5th Ave (97th St)
646-450-6210



Ages 12-24
months

Parent Child Interaction Therapy for Toddlers



Features

2 formal PCIT rooms w/ 1-
way mirrors

Home-based services
available

Avg. 8-12 weekly or
2x/week sessions



Manhattan Psychology Group
<https://manhattanpsychologygroup.com/>

Research-supported treatment to
improve emotional regulation &
attachment in children 12-24 months

PCIT-T helps toddlers learn to regulate their “big emotions” leading to decreased tantrums, aggression, fussiness, anger and separation anxiety.

Parents receive live coaching in using nurturing parenting strategies to help their toddler regulate their emotions, exhibit more positive behaviors, and follow directions. Parents also learn self-care strategies, which lead to decreased parental stress.

Call 646-450-6210 or visit here for more info:

<https://manhattanpsychologygroup.com/child-treatment-services/parent-child-interaction-therapy-toddlers-pcit-t-ages-1-2>